

# POINT CLARE PUBLIC SCHOOL NEWSLETTER



TERM 1 | WEEK 6 | 2 MARCH

## Nurturing Inspiring Achieving

### IMPORTANT DATES

Wed	4/3	School Banking
Thurs	5/3	Scope IT - Stage 1
Fri	6/3	Zone Swimming Carnival
Wed	11/3	School Banking
Thurs	12/3	Scope IT - Stage 1 High School Selective Test (Yr 5)

### SCHOOL PHOTOGRAPHS Friday 27 March, 2020

### STAFF DEVELOPMENT DAY

9 April, 2020 (last day Term 1)

Students do not attend school on this day.

Students return Monday 27 April, 2020 (first day Term 2)

### Thought of the Week

SUCCESS IS  
PEACE OF MIND  
WHICH IS A DIRECT RESULT  
OF SELF-SATISFACTION  
IN KNOWING YOU  
DID YOUR BEST  
TO BECOME  
THE BEST  
YOU ARE CAPABLE OF BECOMING.

JOHN WOODEN

### CONNECTED COMMUNITY

Point Clare Public School has been awarded a \$15,000 grant through the Sustainable Schools Grants program after submitting a comprehensive project submission in November 2019. We have been advised that the funding will be received by the school towards the end of March 2020 and that there are very prescriptive guidelines around the project implementation provided by School Infrastructure NSW. The school has formed a team with representatives from each Stage of learning to ensure that sustainability is linked into all Stage curriculums. ES1 rep is Mrs Conyers, S1 are represented by Mrs Gemmell, Mrs Allan and Mrs Gibson, S2 is represented by Mrs Arkell and S3 is represented by Ms Nicholson. Additionally, we also have a representative from the P & C (Mrs Christine Garland) who will work alongside our Sustainability Team to create links with the school canteen. Congratulations to all staff involved in this process. A sensational result!

Once again, a very generous community member who wishes to remain anonymous has donated \$1000 to the school for the express purpose of supporting students whose families may be doing it tough financially. On behalf of the school community I would like to publicly acknowledge this generosity and confirm that the funds will only be spent on the purpose stipulated. Thank you very much!

### SUCCESSFUL STUDENTS

Last week's Principal awards were for PDHPE. This year all NSW public schools were required to implement a new PDHPE syllabus which provides a unique opportunity for students to develop, strengthen and refine skills across three domains:

self-management (S) interpersonal (I) movement (M)

This term the Stage 3 students are experiencing a wide range of activities in three categories of movement skills important to PDHPE:

- 1) Fundamental and specialised movement skills and concepts
- 2) Tactical and creative movement
- 3) Health and fitness enhancing movement



# POINT CLARE PUBLIC SCHOOL

## NOVEL CORONAVIRUS / COVID-19 UPDATE

Effective 1 March 2020 the Federal Government has issued a travel ban on foreigners coming to Australia from Iran. Only Australian citizens and permanent residents coming from Iran will be allowed entry to Australia and from 1 March they are required to self-isolate for a period of 14 days after departing Iran consistent with the restrictions for those entering from China. Additionally, Australians have been advised NOT to travel to Iran. The updated advice from the NSW Government for parents and affected staff is:

Any student or staff member who has been in, or transited through, mainland China (not just Hubei province) or has been in Iran is excluded from work, school or child care services for 14 days from the date they left mainland China or Iran (as the COVID-19 incubation period can be as long as two weeks).

Any confirmed case of COVID-19 will be excluded until they are medically cleared to return.

Close contacts of a confirmed case of COVID-19 will be excluded for 14 days since last contact with the confirmed case. Students and staff who have returned to Australia from mainland China or Iran more than 14 days ago and have shown no symptoms are able to return to school. The NSW Ministry of Health has processes to identify any close contacts of cases confirmed in Australia. Advice about not attending school would be provided to these close contacts by the NSW Ministry of Health.

## STAFFING UPDATE

Our recent Assistant Principal panel has unanimously decided to re-advertise the position after careful consideration of all recent applications. At this point in time we believe the advertisement will go live on the 25th March and the subsequent interviews will take place early in Term 2. Mr Rayner has taken Long Service Leave this week and will return in Week 7. His teaching responsibilities will be taken by one of our regular casual teachers Mr Daniel Richards.

## ASSET MANAGEMENT UPDATE

Starting 10 March, 2020 we are having concreting and new gates installed at the very top entrance on Takari Avenue. These works were originally submitted and approved in May 2019 but have had to be redesigned to meet the School Infrastructure specifications. The reason for the changes is in response to a health care issue that arose in 2019. The completed work will provide easier access for an ambulance in case of emergency. The works should be completed within a week but this part of the school will be out of bounds for all students and visitors once the construction commences until the works are completed.

**Scott Campbell**  
Principal

## APPLICATION FOR EXTENDED LEAVE – TRAVEL

The Department of Education requires all students taking absences from school for travel for 5 days or more to complete an Application for Extended Leave - Travel form. This form can be collected from the school office and must be applied for before the leave is taken.

Relevant travel documentation such as an e ticket or itinerary (in the case of non-flight bound travel within Australia only) must be attached to this application.

Once this application has been approved by the Principal a Certificate of Extended Leave – Travel will be issued. This certificate should accompany the child on their travels and must be produced when requested by police or other authorised attendance offices.



**Nude Food Day –  
1st Wednesday of each Month**

# POINT CLARE PUBLIC SCHOOL

## AWARD WINNERS WEEK 5

ES1 BLUE	Principal's Award	Amelie W, Lorenza S
	Merit Award	Reck S, Kalayla B
ES1 GREEN	Principal's Award	Milana W
	Merit Award	Jude S
ES1 PURPLE	Principal's Award	Aurora T
	Merit Award	Cooper F
ES1 RED	Principal's Award	Kaito P
	Merit Award	Phoenix B
ES1 YELLOW	Principal's Award	Violet
	Merit Award	James H
S1 BLUE	Principal's Award	Noah M
	Merit Award	Zach I
S1 GREEN	Principal's Award	Anthony M
	Merit Award	Imogen G
S1 PURPLE	Principal's Award	Jasper B
	Merit Award	Sophia F
S1 RED	Principal's Award	Liam P
	Merit Award	Eric C
S1 YELLOW	Principal's Award	Harry S
	Merit Award	Jayden B
S1 ORANGE	Principal's Award	Harry B
	Merit Award	Bella L
S1 WHITE	Principal's Award	Thor F-O
	Merit Award	Castiel W
S2 BLUE	Principal's Award	Thomas H
	Merit Award	ETHan K
S2 GREEN	Principal's Award	Harry G
	Merit Award	Archimedes D
S2 PURPLE	Principal's Award	Zane M
	Merit Award	Clementine K
S2 RED	Principal's Award	Izrael-John V
	Merit Award	Matilda B
S2 YELLOW	Principal's Award	Georgia C
	Merit Award	Samuel W
S3 BLUE	Principal's Award	NIL
	Merit Award	NIL
S3 GREEN	Principal's Award	Elvira F, Harmony M, Amaziah A
	Merit Award	Daniel F
S3 RED	Principal's Award	Clare L-B
	Merit Award	Lahni M
S3 PURPLE	Principal's Award	Lily B
	Merit Award	Sam W
S3 YELLOW	Principal's Award	Max G
	Merit Award	Charlie P





# POINT CLARE PUBLIC SCHOOL

## SPORTING NEWS.....

Congratulations to both Liam M and Jackson R who participated in the Sydney North Basketball Trials. Both boys represented their school and zone with pride and sportsmanship, however, did not move onto the next stage. We are proud of your efforts!

Good luck to Tristan PM who is participating at the Sydney North Tennis Trials this week. As well as Charlotte W, Seren S, Chelsea B and Clare LB who are attending the Girls Zone Soccer Trials.

This week will also see our Girls PSSA Cricket Team competing against Epping PS in Round 1 of the knockout competition on Wednesday 4 March and our Zone Swimming Team compete at the annual Zone Swimming Carnival held at Woy Woy Peninsula Leisure Centre on Friday 6 March.

Good luck to all students representing Point Clare in sporting events this week.

Alana Currie - Sports Organiser



Come and **Play Rugby League** with the **GOSFORD KARIONG** Rugby League Football Club

Quality Coaching, Guaranteed Mateship, **Maximum Fun!**

**Under 6s – Under 17s**

Come on down to training, Wednesdays & Friday afternoons at 4.30pm during February & March @ Narara Valley High School. Or phone Chloe or Deb : 0402190282

Register at [www.playrugbyleague.com/register](http://www.playrugbyleague.com/register)

Registration Fees are \$100 for U<sup>6</sup>'s & U<sup>7</sup>'s, \$150 for U<sup>8</sup>'s and above, which includes; insurance, shorts, socks and Club shirt. Family discounts & payment plans are available.

– TAKE ADVANTAGE OF GOVERNMENT REBATES ON FEES –



## Born2Rock Music School

GUITAR - DRUMS - PIANO - VOCALS  
BASS - WOODWIND - BRASS

**\*Get your first month TOTALLY FREE!**

**CREATIVE KIDS**  
REGISTERED PROVIDER  
Claim your \$100 voucher here

NSW

0411893141 [www.born2rock.com](http://www.born2rock.com)  
4/2 Carnarvon Rd, West Gosford

\*Conditions Apply

## 2020 WOY WOY ROOSTERS JRLFC

Are you interested in playing junior rugby league in 2020 with Woy Woy Roosters JRLFC?

If you are below is some information that you may find useful.

**WHO:** Boys and girls 5 to 12 years of age and boys 13 to 17 years of age.

**WHAT:** play a modified game / different to the NRL games you watch on TV, junior footy Mini and Mod footy 5 to 12 years play on smaller fields, play with a smaller ball, play with less players and have different / modified rules focusing on safety, inclusiveness and development.

Coaching staff all hold relevant accreditation and training and hold a current Working with Children Check.

**WHERE:** Training is Tuesday, Wednesday or Thursday nights 4:30pm to 6:30pm (day and time determined by coaching staff) at Rogers Park Woy Woy.

Game days are on Saturday at various ovals across the coast

**HOW MUCH:** Mini 5 to 9 years \$150-00  
Mod and International 10 to 17 years \$175-00

Includes all fees, insurance, club polo, playing shorts and socks and end of season presentation

**For further info please contact Renee Manning Registrar**  
Mobile: 0415 400 149  
or Tim McParlane President Mobile: 0423 079 100

### BRISBANE WATER NETBALL CLUB

Is looking for 7, 8 or 9 year olds to fill a team. If any girls are interested pls click on the link below or contact us at the club.

NetSetGo (8-10 years) \$185.00

NetSetGo (5-7 years) \$170.00

Please follow the below links to register online through MyNetball.

NetSetGo (8-10 years)

<https://netball.resultsvault.com/common/pages/reg/welcome.aspx?type=6&prodid=369504&id=86166&entityid=42580>

NetSetGo (5-7 years)

<https://netball.resultsvault.com/common/pages/reg/welcome.aspx?type=6&prodid=369503&id=86166&entityid=42580>

## Recess & Lunch Movies

From time to time students will need to stay inside classrooms during recess and lunch breaks in the event of poor weather conditions. During these times teachers may choose to play movies for their students to watch.

Below is a list of chosen movies that may occasionally be shown during these times. Please note that these movies are rated G or PG and are approved to be viewed under our school copyright license program.

If you do not wish for your child to view any of the above movies please speak to your child's class teacher.

### EARLY STAGE 1 & STAGE 1 MOVIES

Aladdin	Lion King
Cars 1-3	Moana
Charlotte's Web	Monsters Inc
Cloudy with a Chance of Meatball 1 & 2	Monsters University
ET	Paddington
Finding Dory	Secret Life of Pets 1 & 2
Finding Nemo	Sherlock Gnome
Frozen	Small Foot
Gnome Alone	Tangled
Happy Feet 1 & 2	The Ant Bully
How to Train Your Dragon	The Incredibles 1 & 2
Inside Out	Toy Story 1-4
Lilo & Stitch	Up
	Zootopia

### STAGES 2 & 3 MOVIES

Aladdin	Moana
Cars 1-3	Monsters Inc
Charlotte's Web	Monsters University
Cloudy with a Chance of Meatball 1 & 2	Paddington
Finding Nemo	Pokemon (Stage 3 only)
Frozen	Secret Life of Pets 1 & 2
Gnome Alone	Tangled
Happy Feet 1 & 2	The Incredibles 1 & 2
How to Train Your Dragon	The Lorax
Inside Out	Toy Story 1-4
Lilo & Stitch	Up
Lion King	Zootopia



**Over the halfway mark and travelling wonderfully Point Clare!** This week we see the introduction of the new online ordering cut off times for the Canteen and some scrumptious new menu options – mmm YUM! Check out the Canteen section for more information. Chess coaching has begun and it's great to hear the positive feedback from the new members of the team. A great reflection of the efforts put in by the wonderful teachers coordinating the program (Jodie McCabe and Kay Gemmell) as well as the community who fundraised and provided the subsidy to help make this possible.

With the school term getting busier each week, attending one of our meetings is a great way to keep track of what's happening now and what's being planned for this year. P&C General meetings are held during school terms on the *2nd Wednesday of every month at 7:30pm*. Our meetings aim to run no longer than 2 hours and you do not need to be a member to attend.

Our group is centred on inclusivity. We value and respect the diverse experiences and perspectives our community have to offer. You can join our association anytime. **Membership is just \$1 for the year.** Forms can be obtained via the front office, at our meetings or via email. We will have an AGM in the first few months of this year so I encourage you to join as soon as possible to be able to nominate and/or vote for any of the positions in our team.

As a community we have strength in our combined knowledge and experience. We are always looking for more volunteers to join our various P&C teams. It doesn't have to be a regular commitment. Any time you can spare is valued. Come meet others in the community while contributing your skills, knowledge and ideas.

Select 'Like' on our Facebook page for P&C event dates, updates and communication:

**'P&C for Point Clare Public School'**. Our email is: [secretary@pointclarepandc.com](mailto:secretary@pointclarepandc.com)

I look forward to working together with you.

Thank you for your continued support,

Janaki Selvarajan - *President, Point Clare Public School P&C Assoc.*



## YOUR CANTEEN

**REMINDER: NEW ONLINE ORDERING CUT-OFF TIME - 8AM DAILY  
STARTING THIS WEEK!**

The Canteen has been reviewing its processes and decided to change the cut-off time for online ordering. This is necessary for our Canteen team to be able to daily prepare our Fresh Menu in accordance with the DET nutritional requirements. This decision was not made lightly, but in order for us to achieve our daily operations we are changing to the new 8am cut-off time that takes effect this week. We appreciate your support of this decision.

### CHANGES TO OUR THURSDAY SUSHI SPECIALS

➤ **Sushi And Vietnamese Rolls Order Cut-Off WEDNESDAYS 1.30PM**  
Please find our tasty new Thursday Sushi and Vietnamese Rolls specials menu on the following page.

### VOLUNTEERS NEEDED

It's great to see some new faces in the Canteen Volunteers team! You're all doing a wonderful service helping our school community and we love all the support you are providing! There are still a few gaps in our roster – please consider volunteering in the much needed timeslots shown adjacent.

We are always seeking more volunteers and understand that people have other commitments outside the school. Please consider joining our volunteer team. You can choose when you volunteer and how often.

Thank you,  
The Canteen Team  
[canteen@pointclarepandc.com](mailto:canteen@pointclarepandc.com)

**Our Canteen needs volunteers  
at these particular times:**

### TUESDAYS & FRIDAYS

9am-2pm

OR Morning (9am – 11:30am)

OR Afternoon  
(11:30am - 2pm)





## New Sushi & Vietnamese Rice Paper Rolls Thursday Specials

### ONLY AVAILABLE VIA PRE-ORDERING ONLINE

**SINGLE MAKI HAND ROLL (gf/df) \$4.00**

- TERIYAKI CHICKEN - Cucumber (135g)
- TUNA - Cucumber (135g)
- VEGGIE - Tofu Carrot, Cucumber (135g) VEGAN
- SMOKED SALMON - Avocado, Cucumber (135g)
- CHICKEN SCHNITZEL- Cucumber (135g)



**2-PACK MAKI HAND ROLL (gf/df) \$7.00**

- TERIYAKI CHICKEN 2-PACK (200g)
- TUNA 2-PACK (200g)
- SMOKED SALMON - Cucumber 2-PACK (200g)



**SUSHI PACK (gf)**

- SASHIMI SALMON NIGIRI 4pcs 4xSalmon (120g) incl GF Soy & wasabi \$7.50
- MIXED SEAFOOD SUSHI & NIGIRI 7pcs 4xTuna Sushi, 3xSalmon Nigiri (200g) \$8.50
- DELUXE SUSHI & NIGIRI 7pcs 4xCalifornia Sushi, 1xSalmon, 1xPrawn & Inari Nigiri (240g) \$9.00
- SASHIMI SALMON SUSHI & NIGIRI 8pcs 4xSalmon Sushi & 2xNigiri, 2xCucumber (200g) \$9.00



**VIETNAMESE RICE PAPER ROLLS (gf/df)**

- CHICKEN 2-PACK w. dipping sauce(160g) \$8.00
- PRAWN 2-PACK w. dipping sauce (160g) \$8.00
- VEGGIE 2-PACK w. dipping sauce (160g) VEGAN \$8.00
- BEEF 2-PACK w. dipping sauce (160g) \$8.00
- DUCK 2-PACK w. dipping sauce(160g) \$8.50

- CHICKEN Single Pack (100g) \$4.00
- VEGGIE Single Pack (100g) VEGAN \$4.00



**MEDIUM SUSHI MUNCH BOXES (gf/df) \$5.50**

8 pcs Hosamaki / Baby Rolls

- TERIYAKI CHICKEN (110g)
- TUNA (110g)
- CHICKEN SCHNITZEL (110g)
- COMBO: TERIYAKI CHICKEN + TUNA (110g)
- CUCUMBER (110g) VEGAN
- AVOCADO (110g) VEGAN



**SUSHI & SALAD COMBO (gf/df) \$9.50**

- SUSHI & SALAD - MIXED (280g) - Maki pcs 2 x Ter. Chicken, Tuna, Smoked Salmon
- SUSHI & SALAD - CHICKEN / BEEF (280g) - Maki pcs 2 x Ter. Chicken, Schnitzel, Beef
- SUSHI & SALAD - VEGGIE (280g) - Maki pcs 3 x Tofu / Carrot, 3 x Avocado/Cucumber





## YOUR UNIFORM SHOP

Open Thursdays during term 8:30am — 9:00 am

Online orders to be in by 7am on Thursdays for delivery to classroom that day.

We have moved back to our original location near the school hall. You can access the Uniform Shop from the internal footpath leading from the main office to the hall via the staff carpark.

### UNIFORM SHOP ONLINE ORDERS

Don't need to try on? Please consider using our MunchMonitor ([www.munchmonitor.com](http://www.munchmonitor.com)) online order system.

Deliveries will be made to classrooms on Thursdays. Orders can also be left at the office, and will be delivered to classrooms on Thursdays.



## LOST PROPERTY & LABELLING

The plastic tubs and shelving near the Canteen contain lost items. They are separated as named and unnamed.

Please label your child/ren's school items so they can find them easily. We have set up a fundraiser with the label company 'My Name Label' which has great reviews and free postage. Ordering as part of our fundraiser will provide you with a 5% discount and the P&C will receive an awesome 15% of all purchases made – which will go right back to funding things for our kids!

**Use code: PCPS0515**

The 'My Name Label' company sells all kinds of name labels suitable for clothing, lunch boxes etc.

Please ensure that you have your child's first AND last name on their labels.

All items are cleared from Lost Property at the end of each term.

Thank you,

The Uniform Shop Team  
[uniformshop@pointclarepandc.com](mailto:uniformshop@pointclarepandc.com)



## FUNDRAISING



Easter is coming and we will be putting a callout soon to request assistance with hamper donation collection and packing for our annual Easter raffle later this term.

This will be the first of several events throughout the year that we run with the goal of providing our students and staff with access to valuable resources.

Don't have time to help with this event? That's okay! There will be other events planned later in the year that you may be able to assist with.



Big or small, we appreciate *any* help that is offered and would LOVE to have you on board!

Thank you,

The Fundraising Team  
[fundraising@pointclarepandc.com](mailto:fundraising@pointclarepandc.com)

## \$\$ GRANTS \$\$

Grants are usually available throughout the year for a variety of areas.

We need your help with finding and (if possible) applying for them.

So if you see anything that you think that any area of our school may be eligible for, please contact us.

The more eyes and ears out there looking for grants or competitions, the more chance we have of getting much needed funding for our school and the services that support it.

Thank you,

Grant Writing Team  
[secretary@pointclarepandc.com](mailto:secretary@pointclarepandc.com)



SUSTAINABILITY

HELP OUR SCHOOL WIN  
A COMMUNITY GARDEN!



**Our school is competing in the Colgate Community Garden Challenge!**

The schools that collect the most oral care waste and online votes can win a recycled community garden set!

Vote for us online and track our school's ranking at:

[www.terracycle.com/colgategardenvoting-au](http://www.terracycle.com/colgategardenvoting-au)

For full terms and conditions, visit [www.terracycle.com/colgategarden-au](http://www.terracycle.com/colgategarden-au).  
If you have any further questions, call TerraCycle on 1800 983 324

Authorised under NSW Permit No LTPS/20/42075, SA No T20/184 and ACT Permit No TP20/00201

We collect any brand of used:



Collection points are currently being established so watch this space and our Facebook page for more info soon!

Our school's performance last year in 1 month was spectacular and we look forward to topping our results this year. So keep voting and collecting your oral care waste to help us get a chance to win a recycled community garden set!

The top 3 schools are guaranteed to win!

We are a P&C with an active interest in supporting sustainability in schools which means we are always looking for opportunities to support our school in this area. Seeing the enthusiasm of our community is greatly motivating and we are continuing to look at more green initiatives we can be a part of. If this sounds like something you would like to be a part of, please contact us via email or the P&C Facebook page.

Thank you,  
P&C Sustainability Representative  
[secretary@pointclarepandc.com](mailto:secretary@pointclarepandc.com)