

# POINT CLARE PUBLIC SCHOOL NEWSLETTER

TERM 2 | WEEK 5 | 27 MAY 2019



*Nurturing Inspiring Achieving*

## IMPORTANT DATES

|      |      |   |
|------|------|---|
| Tues | 28/5 | 1,2,3 Magic   |
| Wed  | 29/5 | Student Banking<br>Gymnastics K-2                               |
| Fri  | 31/5 | Zone Cross Country -<br>Central Mangrove                        |
| Mon  | 3/6  | GRIP Leadership<br>Conference<br>CC Dance Festival<br>Rehearsal |
| Wed  | 5/6  | Student Banking<br>Gymnastics K-2<br>Nude Food Day              |

*Thought of the Week*

1N73LL1G3NC3

15 7H3

4B1L17Y

70 4D4P7 70

CH4NG3.

- 573PH3N H4WK1NG

## SUCCESSFUL STUDENTS

One of our new initiatives this year has been the launch of the STEM program which is led by Mrs Wilson. During the past week I had the pleasure of talking to the Stage 3 students about their most recent critical and creative thinking tasks. I was very impressed by the end products that the students have been creating. The pictures below reflect the student's collaborative group work which created a circuit that could power an electric fan. The aspect of these discussions with the students that I enjoy the most is the dialogue that I have with them about their learning. These discussions highlight for me, the deep learning that the STEM program is generating for our students. I know that Mrs Wilson believes that the students are responding positively to this initiative. From what I have seen we are on to a winner!



## OPAL CARDS & BUSES

As many parents will know, BUSWAYS recently had inspectors checking the use of OPAL cards on all school buses. While we encourage the students to use their cards correctly, the overall management of OPAL cards is not the school's responsibility. All students must be in possession of a valid Opal card or pay a fare. Opal data gathered by tapping on and off is used to determine demand for bus services. If students don't have a card to tap on and off, services will appear underutilised and may be considered for cancellation based on low passenger numbers.

To apply for a School Opal card or to report a lost or stolen card, students go on-line to:

[www.opal.com.au/en/about-opal/opal-for-school-students/](http://www.opal.com.au/en/about-opal/opal-for-school-students/)

Students who are ineligible for a School Opal will need to purchase a Child/Youth Opal card or pay a cash fare to travel on the buses.

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## KINDERGARTEN OPEN DAY 2020

Last Friday 24 May our Kindergarten team held an Open Day for our prospective Kindergarten enrolments for 2020. I am pleased to report that the session was a huge success with unexpectedly large numbers of parents arriving. We originally only expected about 40 parents but well over 80 people attended and 68 children have been flagged as intending to enrol for 2020. This is very encouraging so early in the school year. We expect that we can form a minimum of four (4) Kindergarten classes next year but based on previous year's enrolment trends that could expand to five classes quite easily. Thank you to all parents and carers who attended on the day, we look forward to working with you and your children in the coming years.

## MAKE MUSIC DAY

All NSW schools are encouraged to take part in Make Music Day on Friday 21 June 2019. Held annually, Make Music Day is part of the international "Fête de la Musique", taking place in 1,000 cities across 120 countries. The daylong, musical free-for-all celebrates music in all its forms, encouraging people to band together and play in free public concerts. The teaching staff will be discussing the possible activities that we could hold here at PCPS on that day in our next staff meeting. We will advertise what we have decided upon in next week's newsletter.



**Scott Campbell - Principal**

## POSITIVE BEHAVIOUR FOR LEARNING (PBL)

This week our PBL focus area is Bus Lines.

In class students will be learning about the expectations when in Bus Lines. Teachers will be handing out Kan-Doo stickers to students who are displaying our PBL rules.



|                |                            |  |
|----------------|----------------------------|--|
| Respect        | Listen to teachers         |  |
| Responsibility | Sit quietly<br>Be ready    |  |
| Personal Best  | Safe walking<br>Be on time |  |

## SPORTING NEWS

On Tuesday 21 May, Harry G represented Point Clare Public School at the Come and Try Athletics Day at Campbelltown Athletics Centre. Harry participated in a range of athletic events, including the 100m sprint where he came first! Harry demonstrated great sportsmanship and pride. Well done!

Good luck to all of our Zone Cross Country runners competing this Friday. Zone will be held at Central Mangrove Public School.

Please note that order of events and other information has been shared on the Point Clare Public School Facebook Page.

Last Friday 24 May the boys PSSA soccer team had their round 3 fixture against Kariong. We knew Kariong were going to be a tough opposition, and that they were. The game didn't start the way we had planned and were quickly down a few goals inside 10 minutes. Unfortunately it didn't stop there and Kariong continued to put pressure on. The game finished as a 13-0 loss, but the Point Clare boys were humble in defeat and enjoyed making it into round 3. The boys should be proud of the effort they put in against a tough opponent- no player gave up and they all continued to try their best for the entire game. I would like to thank all the parents who attended the game and encouraged the team

## WEEK 4 AWARD WINNERS

|            |                   |                       |
|------------|-------------------|-----------------------|
| ES1 GREEN  | Principal's Award | Ava W                 |
|            | Merit Award       | Elsie I               |
| ES1 RED    | Principal's Award | Melody O              |
|            | Merit Award       | Heath M               |
| ES1 YELLOW | Principal's Award | Nash K                |
|            | Merit Award       | Emily A               |
| ES1 PURPLE | Principal's Award | Isaac H               |
|            | Merit Award       | Haylee S              |
| S1 BLUE    | Principal's Award | Matilda C             |
|            | Merit Award       | Xavier M              |
| S1 GREEN   | Principal's Award | Selena B              |
|            | Merit Award       | Hamin J               |
| S1 PURPLE  | Principal's Award | Lucas H               |
|            | Merit Award       | Anthony M             |
| S1 RED     | Principal's Award | Olivia K              |
|            | Merit Award       | Ethan R               |
| S1 YELLOW  | Principal's Award | Ryder L               |
|            | Merit Award       | Jeremy P              |
| S1 ORANGE  | Principal's Award | William J             |
|            | Merit Award       | Addison B             |
| S1/2 WHITE | Principal's Award | Sam W                 |
|            | Merit Award       | Zoe L                 |
| S2 BLUE    | Principal's Award | Finn H                |
|            | Merit Award       | Emma J                |
| S2 GREEN   | Principal's Award |                       |
|            | Merit Award       |                       |
| S2 PURPLE  | Principal's Award | Manu G                |
|            | Merit Award       | Adam L Sam W          |
| S2 RED     | Principal's Award | Adrian R              |
|            | Merit Award       | Sonny G               |
| S2 YELLOW  | Principal's Award | Roxanne B             |
|            | Merit Award       | Travis B              |
| S3 BLUE    | Principal's Award | Euan J                |
|            | Merit Award       | Nicola P              |
| S3 GREEN   | Principal's Award |                       |
|            | Merit Award       | Savannah G Charlise C |
| S3 RED     | Principal's Award | Ella B                |
|            | Merit Award       |                       |
| S3 PURPLE  | Principal's Award | Georgia C             |
|            | Merit Award       | Daniel J              |
| S3 YELLOW  | Principal's Award | Zac J                 |
|            | Merit Award       | Tegan W               |

## SOME OF LAST WEEK'S AWARD WINNERS



## RECONCILIATION WEEK

On Thursday the 23 May 2019 Point Clare Public School welcomed a local Aboriginal group called the Durrungan Cultural Dance Group in recognition of Reconciliation Week (27 May to 3 June 2019). Our students were lucky enough to learn about Aboriginal song and dance, Aboriginal artefacts, storytelling and Aboriginal games.

The students thoroughly enjoyed participating in all the activities throughout the day and it was pleasing to see how eager they were to build on their knowledge and ask questions about Aboriginal culture. The Durrungan group were amazing at educating and interacting with our students.



## DEBATING NEWS

Off to a wonderful start!

Congratulations to the debating team of Ariane F, Courtney C, Charlotte B and Arkady who competed in their very first round of the Premier's Debating Challenge against Narara PS. The topic "That we should ban all homework from Primary Schools" was fiercely argued with great points being raised by both sides. Our team were delighted to draw the affirmative side and even more thrilled to be awarded the win!

They are all to be commended on the excellent way they conducted themselves and thought through their points. Well done PC Pointers!



**Judy Wilson**

## EARN AND LEARN

The Woolworth's Earn & Learn promotion has commenced again for this year. Sticker charts are available in the school office



## SIBLINGS CAN GET INVOLVED IN THE SCHOOL BANKING PROGRAM TOO.

Point Clare Public School is excited to offer the Commonwealth Bank School Banking program to all students – past & future!

School Banking is a fun, interactive and engaging way for young Australians to learn about money and develop good savings habits. Children who deposit money into their Youthsaver account through School Banking will earn an exciting reward everytime they reach 10 deposits.

Siblings are also able to bank through the school banking program. Younger siblings that would like to start saving or older siblings that have moved on to high school can deposit regularly via Point Clare school – Just send in with your current Point Clare student. Siblings are not eligible to receive tokens and rewards unless they are enrolled in Infants or Primary (ES1 to S3) but can start or continue with their savings.

School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year. This also applies to our sibling bankers!

Getting involved in School Banking is easy!

All you need to get involved in the School Banking program is a Commonwealth Bank Youthsaver account. You can open an account for your child in one of two ways:

1. Online

Visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) and click on the link to open a Youthsaver account.

2. In branch

Visit a Commonwealth Bank branch with identification for yourself and your child, like a driver's licence and birth certificate.

If your child has an existing Commonwealth Bank Youthsaver account, they can start banking straight away. They just need to bring their deposit in every week on School Banking day using their Dollarmites deposit wallet.

School Banking day is Wednesday.



If you would like to know more about School Banking, please ask for a 2019 School Banking program information pack from the school office or visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)



**WISEBERRY<sup>®</sup>**  
**FOUNDATION**  
**WINTER APPEAL**  
**HELP A CHILD**  
**THIS WINTER**

***It is a sad reality that there are over 116,000 homeless people living in Australia!***

Wiseberry Kariong is seeking donations to help our local shelter, **Coast Shelter Gosford**, cope with the cold winter months.

We are asking our community to donate clean blankets, new socks and jumpers. Non-perishable foods may also be donated.

If you have any of these items to give away, please stop by our office this **June** and drop them off.

Any help will be greatly appreciated and will go a long way to make a difference.

In conjunction with: 

**Wiseberry Kariong**  
p: 02 4326 0500  
e: [reception@wiseberrykariong.com.au](mailto:reception@wiseberrykariong.com.au)



Shop 7 4-8 Mitchell Drive  
[wiseberry.com.au/kariong](http://wiseberry.com.au/kariong)

# POINT CLARE P&C PRESENTS **TRIVIA NIGHT**

**SATURDAY 29 JUNE**

**DOORS OPEN AT 7PM**

**\$20 PER PERSON**



Join us for fun and games at Point Clare Public School Hall, Takari Ave. **Adults only.**

Auctions to be held. Bring your gold coins to join in some games and win prizes. BYO food and drink.

Click here to buy your ticket: <https://www.trybooking.com/BCUJB>  
then click on the following link (or copy it into your web browser)  
to go to the table signup sheet: <https://volunteersignup.org/A8LE3>  
To sign up, just follow the instructions on the page. It's quick and easy.

**Breezy Laundry Service**  
Making Life Eezy

A service for your clothes, towels, bedding, blankets doonas/duvet

**Mobile Laundry Service**

**Free local Pick up and Delivery**

CALL RACHEL ON  
0404 253 420

Local Reliable Quick Convienient

**NetStars Junior Netball Comp.**

- Are you between the ages of 10 and 14?
- Can't commit to Saturday's but still looking to play Netball?
- Are you a coach looking to develop your teams match fitness?
- Want an indoor location to stay warm and dry?

**Registrations Open Now!**

Monday  
Peninsula Leisure Centre  
STARTING TERM 3  
**BOYS AND GIRLS**

info@netstarscentralcoast.com  
0481 528 599

netstarscentralcoast  
Find us on Facebook

# FOOD ALLERGY WEEK

ALLERGY & ANAPHYLAXIS AUSTRALIA

26 MAY - 1 JUNE 2019

## SOCIAL MEDIA TOOLKIT

## FOOD ALLERGY WEEK



This toolkit contains thought starters to help you spread awareness of Food Allergy Week through your social media channels. You can find extra information at [www.foodallergyaware.com.au](http://www.foodallergyaware.com.au)



### KNOW THE FACTS

- With one in 10 children developing an allergy before their first birthday, Australia has one of the highest rates of food allergies in the world.
- For many, managing severe allergies doesn't stop when you grow up. Individuals in their teens and 20's are at the greatest risk of an allergic reaction.
- Over half a million Aussies have a diagnosed food allergy and research shows this number is growing.
- Whilst 90% of food allergic reactions are caused by 10 foods, there are more than 170 foods known to be triggers. Bananas, kiwi fruit, mustard and celery just to name a few!



FOOD ALLERGIES AFFECT  
ONE IN 10 INFANTS



### KNOW WHAT TO DO

- Do you know the signs and symptoms of an allergic reaction? It's surprising how many Aussies don't. Educate yourself and others with this [video](#) during Food Allergy Week.
- We've all been guilty of a self-diagnosis on the Internet. But if you suspect you have a food allergy, it's important to consult your general practitioner (GP).
- Do you have a family or friend with a food allergy? Make sure you [know when and how to](#) administer their adrenaline (epinephrine) autoinjector.
- Be careful, not fearful. Allergies can be life threatening but there are a number of strategies you can put in place to help reduce the risk of a reaction. Learn how to avoid a reaction [here](#).



### CONTENT INSPIRATION THIS FOOD ALLERGY WEEK:

- Post your favourite 'free from' recipe, or if you have a child living with an allergy, share your best 'free from' after school snacks.
- Create a short video about the importance of understanding food allergy and post it to your social media.
- Share a list of your favourite allergy-friendly cafes and restaurants, and which dishes you love.
- Paint one nail to symbolise that one in 10 babies today will develop a food allergy before their first birthday. Take a pic and post it to your social media channels.
- Download a badge [here](#) and make it your profile picture during the Week. Don't forget to tag us in social media posts!

<sup>1</sup>Osborne et al. Prevalence of challenge-proven IgE-mediated food allergy using population-based sampling and predetermined challenge criteria in infants. *J Allergy Clin Immunol* 2011; 127: 668-676

**DON'T FORGET TO USE THE HASHTAGS**  
**#FOODALLERGYWEEK #ALLERGYAWARE**